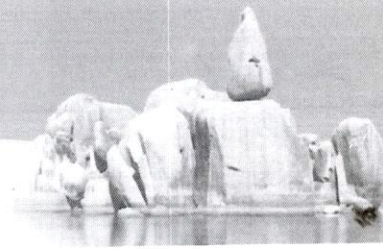


The Right Balance



Isamilo International School
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Thursday 19th May 2022

Dear Parents/Guardians of Year 5 and Year 6 pupils,

As part of our PSHE (Personal, Social and Health Education) curriculum, children in Year 5 and Year 6 will be learning about the changes that happen during puberty. We are very fortunate to be able to have Dr and Mrs Peck to come in to present this information to the children.

We will be having separate talks for boys and girls taking place in the morning on Tuesday 24th May at 11:00 a.m. Dr Peck will be leading the boys' talk and Mrs Peck, who is a qualified nursing practitioner, will be leading the girls' talk. During the sessions, the children will be taught about changes that will happen to their bodies during puberty, including menstruation for girls. The session **will not** cover information regarding sex education, which is taught in science lessons during secondary.

In these talks, children will be given correct, accurate information about puberty and have the opportunity to ask questions to qualified medical practitioners. This will help them to be well-informed and confident to deal with changes as they occur.

If you do not want your child to attend these sessions, please write to their class teacher before the event.

Thank you for your continued support,

Mercy Mulwa
Head of Primary



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